



# April 2025

## Hampton Bays Middle School Breakfast Menu

### Available Daily:

- WG Bagel with Butter or Cream Cheese
- Cold Cereal Variety
- Fruit/Granola Yogurt Parfait
- String Cheese
- Variety of Fresh & Cupped Fruits
- Fat Free Chocolate Milk, Fat Free White Milk, or 1% White Milk
- 6 oz 100% Apple, Orange, or Tropical Juice

### Gluten Free Options:

- Plain Bagel
- Honey Nut Cheerios Cereal
- Cheerios Cereal
- Rice Chex Cereal
- Cinnamon Chex Cereal

All Breakfast Must  
Include Fruit

Choice of:  
Fat Free  
Chocolate Milk,  
Fat Free White  
Milk, or 1% White  
Milk

Items with a (P) may  
contain pork

MON	TUES	WED	THURS	FRI
	<sup>1</sup> Ham & Cheese Bagel Melt (P) Peach Cup Mixed Fruit Cup Choice of Milk	<sup>2</sup> Apple Frudel Orange Slices Banana Choice of Milk	<sup>3</sup> WG Glazed Cinnamon Roll String Cheese Banana Pear Choice of Milk	<sup>4</sup> WG Confetti Pancakes Hashbrown Orange Slices Peach Cup Choice of Milk
<sup>7</sup> Cinni Minis Pear Apple Slices Choice of Milk	<sup>8</sup> WG Bagel with Strawberry Cream Cheese Strawberries Grapes Choice of Milk	<sup>9</sup> WG Banana Muffin Apple Slices Peach Cup Choice of Milk	<sup>10</sup> Egg & Cheese Sandwich Banana Blueberries Choice of Milk	<sup>11</sup> Cocoa Puff Cereal String Cheese Apple Slices Melon Cup Choice of Milk
<sup>14</sup> School Closed  Spring Break	<sup>15</sup> School Closed  Spring Break	<sup>16</sup> School Closed  Spring Break	<sup>17</sup> School Closed  Spring Break	<sup>18</sup> School Closed  Spring Break
<sup>21</sup> WG Donut Holes String Cheese Peach Cup Orange Wedges Choice of Milk	<sup>22</sup> Danimals Strawberry Yogurt Banana 100% Fruit Juice Choice of Milk	<sup>23</sup> WG Homemade Chocolate Muffin Pear Apple Slices Choice of Milk	<sup>24</sup> Sausage & Cheese on a WG Roll Pear Mixed Fruit Cup Choice of Milk	<sup>25</sup> WG French Toast Apple Slices Melon Cup Choice of Milk
<sup>28</sup> WG French Toast Apple Slices Melon Cup Choice of Milk	<sup>29</sup> WG Bagel with Strawberry Cream Cheese Orange Wedges Grapes Choice of Milk	<sup>30</sup> WG Apple Cinnamon Muffin Apple Slices Peach Cup Choice of Milk		

Menus are subject to change.



## All Students Now Receive First Breakfast Meal Free!

Additional Breakfast Meal: \$1.00

**aramark**  
STUDENT  
NUTRITION

This institution is an equal opportunity provider.