



April 2025

Hampton Bays High School Breakfast Menu

Available Daily:

- WG Bagel with Butter or Cream Cheese
- Cold Cereal Variety
- Fruit/Granola Yogurt Parfait
- String Cheese
- Variety of Fresh & Cupped Fruits
- Fat Free Chocolate Milk, Fat Free White Milk, or 1% White Milk
- 6 oz 100% Apple, Orange, or Tropical Juice

Gluten Free Options:

- Plain Bagel
- Honey Nut Cheerios Cereal
- Cheerios Cereal
- Rice Chex Cereal
- Cinnamon Chex Cereal

All Breakfast Must
Include Fruit

Choice of:
Fat Free
Chocolate Milk,
Fat Free White
Milk, or 1% White
Milk

Items with a (P) may
contain pork

MON	TUES	WED	THURS	FRI
	1 Yogurt, Peach, & Granola Parfait Strawberry Cup Apple Slices Choice of Milk	2 WG Burrito Egg & Cheddar Banana Applesauce Cup Choice of Milk	3 WG Waffles Warm Fruit Topping Pear Cup Orange Choice of Milk	4 WG Bagel with Sausage & Melted Cheese Apple Mixed Fruit Cup Choice of Milk
7 WG Dutch Waffle Pear Orange Wedges Choice of Milk	8 Breakfast Taco Egg, & Cheese with Tater Tots in WG Tortilla Banana Apple Slices Choice of Milk	9 WG Bagel with Melted Cheese Apple Mixed Fruit Cup Choice of Milk	10 WG French Toast Pear Apple Slices Pear Cup Choice of Milk	11 Cocoa Puff Cereal String Cheese Apple Grape Cup Choice of Milk
14 School Closed Spring Break	15 School Closed Spring Break	16 School Closed Spring Break	17 School Closed Spring Break	18 School Closed Spring Break
21 WG French Toast Pear Apple Slices Pear Cup Choice of Milk	22 Hot Cinnamon Toast Crunch Pastry String Cheese Apple Grape Cup Choice of Milk	23 Cinni Mini Banana Apple Choice of Milk	24 WG Apple Cinnamon Muffin Orange Wedges Melon Choice of Milk	25 Cocoa Puff Cereal String Cheese Apple Grape Cup Choice of Milk
28 WG Bagel with Cream Cheese Banana Apple Slices Choice of Milk	29 WG Confetti Pancakes Orange Slices Peach Cup Choice of Milk	30 WG Banana Muffin Grape Cup Apple Slices Choice of Milk		

Menus are subject to change.



All Students Now Receive First Breakfast Meal Free!

Additional Breakfast Meal: \$1.00

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STUDENT
NUTRITION

This institution is an equal opportunity provider.